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Pediatric Palliative Care Physician

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Dr. Shahzadi Resham, born and raised in Karachi, Pakistan, underwent medical schooling at Sindh Medical College and pursued postgraduate medical education at Aga Khan University Hospital (AKUH) karachi-Pakistan. She completed three PGME graduations from AKUH, including internship, a four-year pediatric residency, and a three-year fellowship in Pediatric Hematology/Oncology. Recognizing a huge void in pediatric palliative care in Pakistan, she decided to voluntarily step in to establish and develop a comprehensive Pediatric Palliative Care program at AKUH and across the region. Dr. Resham furthered her expertise by completing a Global Palliative Care fellowship at St. Jude Children's Research Hospital, becoming a key Paediatric Palliative Care leader and a pioneer in the country and the East Mediterranean region.

Returning to Pakistan, she established a Quality-of-Life service at AKUH for children with life-limiting illnesses, offering inpatient and outpatient consultations, tele-palliative care clinics, and home-based care. Dr. Resham's contributions extend to bioethics, having completed a Paediatric Bioethics Certificate Course from Children Mercy Hospital Kansas City on an international scholarship.

Her training holds significance for regional palliative care development, positioning her as a crucial figure in strategic planning and paving the path for future Pediatric physicians to excel in pediatric palliative care, not only in Pakistan but throughout the region.